

# March 2019

Saint Bartholomew School

Price List Student Lunch: \$3.75 Adult Lunch: \$4.00 Entree A La Carte: \$3.00 Extra Pizza w/ Meal Only: \$2.00

Lunch

**MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY**

**1**  
Early Dismissal - No Lunch Served

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| <b>4</b>                                                                                                                                                                                                                                                                                                                                                           | <b>5</b>                                                                                                                                                                                                                                                                                                                                                                                | <b>6</b>                                                                                                                                                                                                                                                                                                                                                  | <b>7</b>                                                                                                                                                                                                                                                                                                                                    | <b>8</b>                                                                                                                                                                                                                                                                                       |
| <ul style="list-style-type: none"> <li>Chicken Nuggets</li> <li>Golden Corn</li> <li>Soft Pretzel Sticks</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul> <p><b>Daily Swap Outs</b></p> <ul style="list-style-type: none"> <li>Bagel Bag w/ Yogurt &amp; Cheese</li> <li>Cereal Bag</li> <li>All-Natural Beef Hot Dog on a Bun</li> </ul> | <ul style="list-style-type: none"> <li>Breakfast for Lunch</li> <li>Pancakes</li> <li>Breakfast Sausages</li> <li>Hash Browns</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul> <p><b>Daily Swap Outs</b></p> <ul style="list-style-type: none"> <li>Bagel Bag w/ Yogurt &amp; Cheese</li> <li>Cereal Bag</li> <li>All-Natural Beef Hot Dog on a Bun</li> </ul> | <ul style="list-style-type: none"> <li>Hamburger or Cheeseburger on a Bun</li> <li>French Fries</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul> <p><b>Daily Swap Outs</b></p> <ul style="list-style-type: none"> <li>Bagel Bag w/ Yogurt &amp; Cheese</li> <li>Cereal Bag</li> <li>All-Natural Beef Hot Dog on a Bun</li> </ul> | <ul style="list-style-type: none"> <li>Pasta &amp; Meatballs</li> <li>Dinner Roll</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul> <p><b>Daily Swap Outs</b></p> <ul style="list-style-type: none"> <li>Bagel Bag w/ Yogurt &amp; Cheese</li> <li>Cereal Bag</li> <li>All-Natural Beef Hot Dog on a Bun</li> </ul> | <ul style="list-style-type: none"> <li>Pizzeria Pizza</li> <li>Spring Mix Salad</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul> <p><b>Daily Swap Outs</b></p> <ul style="list-style-type: none"> <li>Bagel Bag w/ Yogurt &amp; Cheese</li> <li>Cereal Bag</li> </ul> |

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| <b>11</b>                                                                                                                                                                                                                                                                                                                                                  | <b>12</b>                                                                                                                                                                                                                                                                                                                                 | <b>13</b>                                                                                                                                                                                                                                                                                                                                                                                        | <b>14</b>                                                                                                                                                                                                                                                                                                                                                 | <b>15</b>                                                                                                                                                                                                                                                                                                 |
| <ul style="list-style-type: none"> <li>Chicken Tenders</li> <li>Golden Corn</li> <li>Dinner Roll</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul> <p><b>Daily Swap Outs</b></p> <ul style="list-style-type: none"> <li>Bagel Bag w/ Yogurt &amp; Cheese</li> <li>Cereal Bag</li> <li>All-Natural Beef Hot Dog on a Bun</li> </ul> | <ul style="list-style-type: none"> <li>Philly Cheesesteak</li> <li>French Fries</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul> <p><b>Daily Swap Outs</b></p> <ul style="list-style-type: none"> <li>Bagel Bag w/ Yogurt &amp; Cheese</li> <li>Cereal Bag</li> <li>All-Natural Beef Hot Dog on a Bun</li> </ul> | <ul style="list-style-type: none"> <li>Breakfast for Lunch</li> <li>Confetti Pancakes</li> <li>Breakfast Sausages</li> <li>Hash Browns</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul> <p><b>Daily Swap Outs</b></p> <ul style="list-style-type: none"> <li>Bagel Bag w/ Yogurt &amp; Cheese</li> <li>Cereal Bag</li> <li>All-Natural Beef Hot Dog on a Bun</li> </ul> | <ul style="list-style-type: none"> <li>Hamburger or Cheeseburger on a Bun</li> <li>French Fries</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul> <p><b>Daily Swap Outs</b></p> <ul style="list-style-type: none"> <li>Bagel Bag w/ Yogurt &amp; Cheese</li> <li>Cereal Bag</li> <li>All-Natural Beef Hot Dog on a Bun</li> </ul> | <ul style="list-style-type: none"> <li>Pizzeria Pizza</li> <li>Cucumber &amp; Tomato Salad</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul> <p><b>Daily Swap Outs</b></p> <ul style="list-style-type: none"> <li>Bagel Bag w/ Yogurt &amp; Cheese</li> <li>Cereal Bag</li> </ul> |

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| <b>18</b>                                                                                                                                                                                                                                                                                                                                      | <b>19</b>                                                                                                                                                                                                                                                                                                                            | <b>20</b>                                                                                                                                                                                                                                                                                                                                                                              | <b>21</b>                                                                                                                                                                                                                                                                                                                                                 | <b>22</b>                                                                                                                                                                                                                                                                                  |
| <ul style="list-style-type: none"> <li>Crispy Chicken Sandwich</li> <li>Bag of Chips</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul> <p><b>Daily Swap Outs</b></p> <ul style="list-style-type: none"> <li>Bagel Bag w/ Yogurt &amp; Cheese</li> <li>Cereal Bag</li> <li>All-Natural Beef Hot Dog on a Bun</li> </ul> | <ul style="list-style-type: none"> <li>Grilled Cheese</li> <li>Tomato Soup</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul> <p><b>Daily Swap Outs</b></p> <ul style="list-style-type: none"> <li>Bagel Bag w/ Yogurt &amp; Cheese</li> <li>Cereal Bag</li> <li>All-Natural Beef Hot Dog on a Bun</li> </ul> | <ul style="list-style-type: none"> <li>Breakfast For Lunch</li> <li>Waffles</li> <li>Breakfast Sausages</li> <li>Hash Browns</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul> <p><b>Daily Swap Outs</b></p> <ul style="list-style-type: none"> <li>Bagel Bag w/ Yogurt &amp; Cheese</li> <li>Cereal Bag</li> <li>All-Natural Beef Hot Dog on a Bun</li> </ul> | <ul style="list-style-type: none"> <li>Hamburger or Cheeseburger on a Bun</li> <li>French Fries</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul> <p><b>Daily Swap Outs</b></p> <ul style="list-style-type: none"> <li>Bagel Bag w/ Yogurt &amp; Cheese</li> <li>Cereal Bag</li> <li>All-Natural Beef Hot Dog on a Bun</li> </ul> | <ul style="list-style-type: none"> <li>Pizzeria Pizza</li> <li>Caesar Salad</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul> <p><b>Daily Swap Outs</b></p> <ul style="list-style-type: none"> <li>Bagel Bag w/ Yogurt &amp; Cheese</li> <li>Cereal Bag</li> </ul> |

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| <b>25</b>                                                                                                                                                                                                                                                                                                                                                     | <b>26</b>                                                                                                                                                                                                                                                                                                                                            | <b>27</b>                                                                                                                                                                                                                                                                                                                                                            | <b>28</b>                                                                                                                                                                                                                                                                                                                                                 | <b>29</b>                                                                                                                                                                                                                                                                                         |
| <ul style="list-style-type: none"> <li>Popcorn Chicken</li> <li>Dinner Roll</li> <li>Veggie Dippers</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul> <p><b>Daily Swap Outs</b></p> <ul style="list-style-type: none"> <li>Bagel Bag w/ Yogurt &amp; Cheese</li> <li>Cereal Bag</li> <li>All-Natural Beef Hot Dog on a Bun</li> </ul> | <ul style="list-style-type: none"> <li>Tortellini with Marinara Sauce</li> <li>Dinner Roll</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul> <p><b>Daily Swap Outs</b></p> <ul style="list-style-type: none"> <li>Bagel Bag w/ Yogurt &amp; Cheese</li> <li>Cereal Bag</li> <li>All-Natural Beef Hot Dog on a Bun</li> </ul> | <ul style="list-style-type: none"> <li>French Toast Sticks</li> <li>Breakfast Sausages</li> <li>Tater Tots</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul> <p><b>Daily Swap Outs</b></p> <ul style="list-style-type: none"> <li>Bagel Bag w/ Yogurt &amp; Cheese</li> <li>Cereal Bag</li> <li>All-Natural Beef Hot Dog on a Bun</li> </ul> | <ul style="list-style-type: none"> <li>Hamburger or Cheeseburger on a Bun</li> <li>French Fries</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul> <p><b>Daily Swap Outs</b></p> <ul style="list-style-type: none"> <li>Bagel Bag w/ Yogurt &amp; Cheese</li> <li>Cereal Bag</li> <li>All-Natural Beef Hot Dog on a Bun</li> </ul> | <ul style="list-style-type: none"> <li>Pizzeria Pizza</li> <li>Italian House Salad</li> <li>Assorted Fresh or Chilled Fruit</li> <li>Milk Variety</li> </ul> <p><b>Daily Swap Outs</b></p> <ul style="list-style-type: none"> <li>Bagel Bag w/ Yogurt &amp; Cheese</li> <li>Cereal Bag</li> </ul> |

\*\*\*\* TEACHER SALADS NEED TO BE ORDERED THROUGH THE STUDENT COUNTS DAILY\*\*\*\*:

**All Meals Served** All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice.

**Nutrition Info K-8** Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

**Menus are Subject to Change** The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit [www.maschiofood.com](http://www.maschiofood.com) for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

**EOE Statement** Maschio's Food Services, Inc. is an Equal Opportunity Employer.

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