



St. Bartholomew School
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Reverend Thomas J. Walsh, M.Div.
Pastor

Mrs. Theresa Craig, M.Ed.
Principal

September 3, 2024

Dear Parents and Guardians,

We are looking forward to a successful, safe, and healthy school year. I have begun the school year with numerous tasks including renewal of medication orders and becoming familiar with the current medical needs of both the new and former students. It is essential that you communicate with me any changes or medical needs that may exist for your child. The health and well-being of the school community is of utmost importance to me.

Please reinforce these healthy habits with your child:

- Wash hands frequently for a minimum of 20 seconds with soap and warm water
- Cover sneezes and coughs using tissues or the bend of your arm
- Turn away from another person when coughing or sneezing
- Maintain regular sleeping habits with seven to eight hours of sleep nightly
- Drink plenty of fluids
- Obtain the flu vaccine if deemed appropriate
- Healthy snack/lunch options (which must be peanut and tree nut-free)

In addition, it is sometimes difficult to determine if a child is ill enough to stay home. I ask that you consult your healthcare provider and do not send your child to school if any of the following symptoms exist:

- Fever of 100 degrees Fahrenheit (37.7 degrees Celsius) – your child must be fever-free without fever-reducing medication (Tylenol, Motrin, etc.) to return to school
- Frequent sneezing or coughing
- Fatigue or lethargy
- Sore throat
- Greenish/yellowish discharge from nose or throat
- Vomiting/diarrhea – your child must be free of symptoms for 24 hours before returning to school

As always, I thank you for your support and cooperation as we begin the new school year and I look forward to working with you in maintaining a healthy and safe school environment. I also encourage you to contact me should questions or concerns arise.

Sincerely,
Mrs. Joella Terranova, B.S.N., R.N., C.E.N.
School Nurse

*The mission of St. Bartholomew School is to love, educate and inspire
our children to live the teachings of Jesus Christ.*