

Online Safety Guide for Parents

In today's digital world, keeping children safe online is essential. Here are trusted resources to help parents navigate social media, online safety, and digital well-being.

General Internet Safety:

1. **Common Sense Media** ([commonsensemedia.org](https://www.commonsensemedia.org)) – Reviews of apps, games, and websites, along with digital safety tips for parents.
2. **NetSmartz (NCMEC)** ([missingkids.org/NetSmartz](https://www.missingkids.org/NetSmartz)) – Online safety resources, videos, and tips for parents and kids.
3. **ConnectSafely** (connectsafely.org) – Guides on safe internet use, cyberbullying, and digital privacy.
4. **Family Online Safety Institute (FOSI)** (fosi.org) – Tools and resources for families on digital well-being.
5. **StaySafeOnline (National Cybersecurity Alliance)** (staysafeonline.org) – Tips on online security, privacy, and digital citizenship.

Social Media Safety:

6. **Cyberbullying Research Center** ([cyberbullying.org](https://www.cyberbullying.org)) – Information on cyberbullying prevention and online safety.
7. **Internet Matters – Social Media Safety** ([internetmatters.org](https://www.internetmatters.org)) – Guides on parental controls and privacy settings.
8. **Protect Young Eyes** (protectyouneyes.com) – Reviews of apps, online filters, and safety tips.

Faith-Based Online Safety Resources:

9. **Covenant Eyes** (covenanteyes.com) – Christian-based internet accountability and filtering software for families.
10. **Axis** (axis.org) – A Christian resource for parents to understand social media, technology, and digital culture.

Tips for Keeping Your Child Safe Online:

- Set Clear Rules – Define screen time limits and approved websites/apps.
- Use Parental Controls – Set up filters and monitor your child's activity.
- Encourage Open Communication – Talk to your child about their online experiences and concerns.
- Stay Informed – Regularly check the latest digital trends and security updates.
- Model Healthy Online Behavior – Show responsible internet and social media use.

By using these resources and implementing safe online habits, parents can help their children navigate the digital world responsibly.