

# St. Bart's Field Day Frolics 2023

Information for Field Day on Monday, June 5 (rain date-June 6).  
Please label all supplies with the student's last name.

## Lunch

The HSA is providing a pizza lunch for all students on Monday, June 5<sup>th</sup>.  
If your child cannot have pizza, please have your child bring a lunch. Thank you.

## Morning Activities

1. **Sneakers a must!**
2. Appropriate tee shirt and shorts
  1. Girls should wear a bathing suit underneath.
  2. Boys may wear bathing suits (not Speedo style unless under shorts)
3. Sunscreen (should apply a first coat at home)
4. **Water bottle**
5. Large towel
6. Hat (optional but must be suitable for running)

## Afternoon Activities

### Water games (weather-permitting)

1. Students should **wear an extra pair of old sneakers** or some type of water shoes if you have them. **Students will not be allowed to remove shoes and go barefoot for any activities. Flip flops, sandals, and crocs are not suitable for running.**
2. **Extra t-shirt/ shorts to go home in**

**T-shirts must remain on for all activities so please be sure to send an extra shirt to go home in.**