

October 2018

Price List Student Lunch: \$3.75 Adult Lunch: \$4.00 Entree A La Carte: \$3.00 Extra Pizza w/ Meal Only: \$2.00

Saint Bartholomew School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Hamburger or Cheeseburger on a Bun • French Fries • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun • Chicken Caesar Salad	2 • Pizza Sticks with Marinara Sauce Bag of Chips • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun • Chicken Caesar Salad	3 • Pasta Day with Meatballs • Garlic Breadstick • Spring Mix Salad • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun • Chicken Caesar Salad	4 • Turkey Corn Dog Nuggets • Emoji Fries • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun • Chicken Caesar Salad	5 Pizzeria Pizza • Caesar Salad • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun
8 Columbus Day - No School	9 • Meatball Parm Hero • Battered French Fries • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun • Chicken Caesar Salad	10 • French Toast Sticks • Breakfast Sausages • Tater Tots • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun • Chicken Caesar Salad	11 • Popcorn Chicken • Dinner Roll • Veggie Dippers • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun • Chicken Caesar Salad	12 Pizzeria Pizza • Italian House Salad • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun
15 • Chicken Nuggets • Warm Biscuit • Mashed Potatoes w/ Gravy • Steamed Corn • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun • Chicken Caesar Salad	16 Pasta Day • Garlic Breadstick • Spring Mix Salad • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun • Chicken Caesar Salad	17 • Pizza Sticks with Marinara Sauce Bag of Chips • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun • Chicken Caesar Salad	18 Scoop a Bowl with • Cheddar Cheese • Steamed Rice • Golden Corn • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun • Chicken Caesar Salad	19 Pizzeria Pizza • Caesar Salad • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun
22 • Chicken Fries • Tater Tots • Soft Pretzel Sticks • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun • Chicken Caesar Salad	23 • Hamburger on a Bun or Cheeseburger on a Bun Bag Of Chips • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun • Chicken Caesar Salad	24 • Macaroni & Cheese • Soft Pretzel Stick • Steamed Broccoli • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun • Chicken Caesar Salad	25 Breakfast For Lunch • Mini Maple Pancakes • Breakfast Sausage • Hash Browns • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun • Chicken Caesar Salad	26 Pizzeria Pizza • Italian House Salad • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun
29 Lucky Tray Day • Crispy Chicken BLT on a Roll • Cucumber Coins • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun • Chicken Caesar Salad	30 • All-Natural Beef Hot Dog on a Bun • Oven Baked French Fries • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun • Chicken Caesar Salad	31 Breakfast for Lunch • Pancakes • Breakfast Sausages • Hash Browns • Assorted Fresh or Chilled Fruit • Milk Variety Daily Swap Outs • Bagel Bag w/ Yogurt & Cheese • Cereal Bag • All-Natural Beef Hot Dog on a Bun • Chicken Caesar Salad		

***** TEACHER SALADS NEED TO BE ORDERED THROUGH THE STUDENT COUNTS DAILY*****:

All Meals Served All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice.

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

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